



February 23: Nethercutt Collection Grand Salon,
Wikimedia photo by N748MN.



April 20: Fairytale Children's Garden at the South Coast
Botanic Garden.

Upcoming Events: Save These Dates!

What are your goals for 2023? Do you want to learn something new? Are you resolved to get out and be more sociable? You're in luck: the Program Committee has both lectures and outings planned.

To find out exact times and other details, and to register for events, go to the home page of the Retirees website, retirees.ucla.edu. Typically events are listed about two to three weeks in advance, and some do fill up fast.

This listing is designed to let you plan in advance, but remember that events by their very nature are always subject to change.



Thursday, February 16, **A Dialog on the U.S. Economy** with emeriti Dan Mitchell (Anderson School of Management, School of Public Affairs) and Ed Learner (Anderson School). After-Lunch Lecture at the Faculty Club.

Thursday, February 23, **In-Person Guided Tour of the Nethercutt Collection of Automobiles** in the San Fernando Valley. More than 250 perfectly restored automobiles, both American and European.

Thursday, March 2, **The Discovery of the Ancient City of Urkesh in Syria** with eminent archaeologists Giorgio Buccellati (UCLA emeritus) and his wife, Marilyn (Cal State Los Angeles emerita). After-Lunch Lecture at the Faculty Club.

Thursday, March 16, **Virtual Tour of Miami's Cuban Art and Culture** with ArtMuseLA. Explore from the comfort of your own chair.

Thursday, April 20, **In-Person Tour of the South Coast Botanic Garden**. Weather permitting, we hope to observe butterflies and spring flowers.

March 2: *Palace of Tupkish in Urkesh, photo courtesy of the Buccellatis.*



Still Time for New Year's Resolutions

2023...A New Year...with new challenges and resolutions? Or not?

I often think that I need to reassess my priorities and make resolutions at the beginning of a new year. I try to be healthier by eating better, exercise more, take longer walks. I want to clear the clutter in my home office...and clean some of my drawers and closets. All this and then make more time for myself to read, to knit, to complete jigsaw puzzles. Will I travel in 2023? – if yes, I need to make plans. I want to continue to be engaged in the community and on campus. I want to make more opportunities to see friends...and to spend more time with my family.

I have a huge laundry list of things to attend to in 2023. I am a confessed procrastinator and usually find ways to delay doing what I once determined I would do. Sound familiar to you, too?

We are very fortunate to be retirees...we have time, opportunities, options for how to spend our days not restricted by the commitments of our jobs. Let's look at the resolutions we made on January 1 and begin to make some changes in 2023.

We can accept the challenge together. Let's encourage one another to "take care of business" at home and then make the time to enjoy each other's company. The UCLARA Program Committee plans many enjoyable, educational, entertaining activities, lectures,

excursions online and in person for you. The Travel Committee planned some amazing trips in 2023 —domestically and abroad. The UCLARA Mentorship Committee partners with other campus organizations to provide opportunities to mentor current UCLA staff. The UCLARA Campus and Community Relations Committee has introduced campus leadership to our members and has found many ways for retirees to remain engaged on campus—like volunteering in campus departments and reading scholarship applications.

Yes, UCLARA is an amazing organization—currently 1,000 strong. Check out our website for an array of the many choices you have to benefit from your membership in UCLARA. Our Board of Directors and committees care about you and want to offer possibilities and opportunities for your retirement years to be fulfilling. Let's do this together.

— Elaine Fox, President



Elaine Fox,
UCLARA President

News from the Emeriti/Retirees Relations Center

Did you know...? As UCLA Retirees, you are eligible for membership in the UCLA Faculty Club. (Non-Academic membership is open to all UCLA staff). We are happy to invite you to go to The Faculty Club website and explore the possibilities.

Retiree Privileges

As a reminder, the ERRC coordinates a variety of retiree privileges, including parking and BruinCards, and will soon offer complimentary notary services by appointment for retirees and their spouses/partners. Contact the ERRC at (310) 825-7456 for details.

Fidelity Guidance Consultations

Emeriti, retirees and active employees can ask questions about their retirement accounts remaining with the UC Retirement System or review financial plan-

ning for specific situations by meeting with Fidelity Retirement Planner Andrew Fung, CRPC®, at the ERRC. To make an appointment, call (866) 682-7787 and ask for an appointment at the Center.

Get ready for 2023 tax season

If you have not already arranged it, you may have your 1099-R delivered electronically by logging into your UCRAYS account (retirementatyour.service.ucop.edu).

Go to "Edit Profile," then to "Communications Preferences." Under "Tax Statements," choose "UCRAYS." If you still prefer your 1099-R by U.S. mail, prevent delays by making sure your mailing address is up to date in UCRAYS or call the UC Retirement Administration Service Center at (800) 888-8267, Monday-Friday, 8:30 a.m. to 4:30 p.m. (PT)



Hiking and Other Interest Groups Meeting In Person Again

There was a lot of excitement when the Hiking Group met up on November 16, 2022 to visit the Kenneth Hahn Recreation Area. The two- to three-mile walk included the Culver City Overlook, Stoneview Nature Center, Japanese garden and duck pond. Elizabeth Juncosa and Carolyn Lew-Karon coordinated the event.

This was the first meeting of the group since February 2020, a hike in Rustic Canyon. For the rest of 2020, all of 2021, and most of 2022, most Retirees Association events were virtual.

Hiking isn't the only Interest Group getting back to in-person meetings. There are book clubs, Scrabble, and Mah-Jongg groups meeting in person with openings for new members. Play Reading is still on Zoom, but hopes to return to live readings at the Faculty Club soon. See contacts at right and on retirees.ucla.edu/Interest-Groups.

Interest Group Contacts

Campus Book Club, 4th Thursdays, 12:15 p.m., 2125 Rolfe Hall, Sheila Mann, she-ra@ca.rr.com

Thousand Oaks Book Club, 2nd Thursdays, 10 a.m., Thousand Oaks

Diane McCaustland, dianemccaustland@att.net

Intermediate Scrabble, 1st Thursdays, 1:15 p.m., UCLA
Kathleen Olson, Kathleen.t.w.olson@gmail.com

Valley Mah-Jongg, 2nd and 4th Tuesdays, 10:15 a.m.
Karen Fond, kfond@hotmail.com

Play Reading (see page 11)

Hiking, as scheduled. Various locations.

Elizabeth Juncosa, elizabeth.juncosa@gmail.com

Travel, as scheduled. Zoom information sessions.

Dolores Dyer, ddyer44@verizon.net

Have an idea for a new group? See the website for ways to get a group started.

Welcome to UCLARA!

UCLARA is happy to welcome the following new members.

Lisa Bishop Smith
Laura Block
Nanci Bunte de Carvalho
Ofelia Cartagena
Jessica Chen
JoAnn Damron-Rodriguez
Susan Fujii
Manuel Garcia
Suzanne Lauver
Elizabeth Ligon Bjork
Carolyn McIntyre
Cheryl Minor
Laurie Nimmo-Ramirez
Susan Nolan
William Oppenheim
Denise Sarracino
Maria Schulz
Donna Sharp
Janina Sukhu
Rosalind Vernon
Hui Zhong

UCLARA CONNECTIONS

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UCLARA Cookbook

New year, new recipes! If you're looking to freshen up your culinary repertoire, look no further. The UCLARA 2022 Cookbook is now available to UCLARA members.

And, the Cookbook reviews are in:

"Wow, just wow!" wrote RM.

"Beautiful cookbook!" wrote HH.

"The colorful pages and photos say 'make this recipe'" wrote JD.

Inside the Cookbook are:

- 90+ recipes from appetizers to desserts.
- Recipes from 40+ current/past UCLARA members and associates.
- Asian, Middle Eastern, Indian, Italian, Mexican recipes.
- American recipes from the 1700s to the 21st century.
- Lively anecdotes that personalize and give each recipe special meaning

The Cookbook is another benefit of belonging to the UCLA Retirees Association. Membership gives you an opportunity to connect with other retirees through events, interest groups, world-wide travel opportunities, and to stay engaged with the larger UCLA community. More important is the opportunity to join in advocating for and supporting efforts to maintain and improve our earned retiree benefits.

To access the Cookbook:

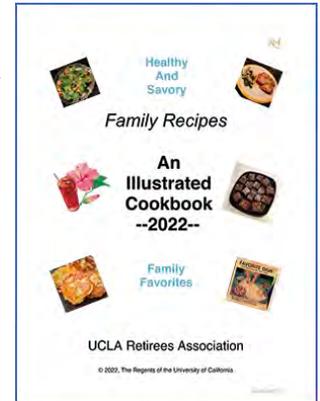
- Go to the "Members Only" webpage on the UCLARA website <https://retirees.ucla.edu/>,
- Click on "UCLARA Cookbook."
- After logging on, click on the Cookbook cover to bring up the Cookbook on your screen.
- Scroll through page-by-page or go to the Table of Contents to select any recipe.
- Print a page or section as you normally would print from your computer or mobile device.

The UCLARA Cookbook Committee hopes you enjoy many hours with these recipes. We'd like to hear your thoughts via an ongoing dialogue on the Cookbook webpage <https://retirees.ucla.edu/UCLARA-Cookbook> or on UCLARA's Facebook page. Please help make this a dynamic and interactive cookbook experience!

Margaret Johnson,

Cookbook Committee Chair

Committee Members: Nancy Varat, Mary Petersen,
Pat Webber, Anne Pautler, John Dahl



2022 Holiday Luncheon

About 80 members and guests joined in celebrating an in-person Holiday Luncheon at the newly-reopened UCLA Faculty Club on December 6, 2022. A delicious buffet meal, much table conversation, a musical background by Cody Gillette and a prize giveaway highlighted the fine time.

The new RA Cookbook was also announced — thanks to Margaret Johnson for her efforts.

And we collected over \$900 in contributions for the

UCLA Food Closet (Community Programs Office) to help the students! Many thanks to all the attendees for their generosity and their company.

After two years of virtual holiday parties, it was fun to get dressed up and see each other face to face. Here are four pages of photos to mark the event.

A big thank-you to John Dahl, Ayesha Dixon and Michael Heafey for their photos.



Holiday Luncheon, Take Two



Holiday Luncheon, Take Three



Holiday Luncheon, Take Four



In Memoriam

The UC Office of the President has reported the deaths of the following UCLA annuitants. We are grateful for their service and extend condolences to their families and friends.

Nan Barnes
Sylvia Cloutier
Nancy Dolan
Elida Douthitt
Lorraine Forges
Roland Hansen
William Hardbarger
Patricia Harter
Tony Hodge
Walter Houle
Katie Howard
Loretta Johnson-Woolen
Jackie Kell
Duarte Lima
Bing Lum
James Norbert Naia
Bernardine Nunnery
Maria Padilla
Jan Paley
Thomas Pulfer
Don Riley
Frederick William Sanger
Kathryn Vanderhorst
Arlene Weber
Gertrude Weber
David Wheeler



Leadership briefs Board on Student Life and Alumni

At most UCLARA Board meetings, we make time for a guest speaker. These campus leaders keep UCLARA abreast of what's happening. We also get a chance to discover new opportunities for partnerships. Our most recent guests were in January and November.

The November guest was Mick Deluca, assistant vice chancellor for campus life. The January guest was Julie Sina, the associate vice chancellor for alumni affairs and the chief operating officer of the UCLA Foundation.

Deluca is known to many retirees from his years heading up UCLA Recreation. That's still part of his remit, but so are many other campus entities focused on students. As part of Student Affairs, Deluca finds himself and his staff dealing with the "Three Ps - People, Programs and Protests." Student Affairs Monitors (SAMs) have been so successful defusing problem situations on campus that they are now used at other venues such as the Rose Bowl.

A Commuter Hub in the John Wooden Center focuses on the needs of students who commute long distances to campus. BruinHub pods provide individual space for rest or study. A Basic Needs Network space will launch soon. Deluca joked that in his world, you sometimes need to build the bridge while you're crossing it.

Sina talked about the post-COVID challenges to rebuilding community and deepening engagement. An event-based model no longer makes sense. Indeed, alumni programs are no longer geographically-specific, because alumni can engage virtually regardless of location.

One of the Alumni Association's current efforts is Bruin Promise, with a prototype website launched in January. The Bruin Promise means that learning, both inside and outside the classroom, doesn't stop when you graduate. Instead, it continues in every stage of your life. Currently the opportunities on the Bruin Promise site are sorted into four "niches": Arts & Culture, Career & Professional Development, Health & Wellness, and Lifelong Learning.

Since many retirees are also alumni, Sina mentioned some specific programs with volunteer opportunities: reading alumni scholar applications, judging case study competitions, participating in mock interviews and joining the alumni mentor program. See alumni.ucla.edu/get-involved.

Guest speakers are coordinated by Al Aubin, chair of Campus & Community Relations.



Mick Deluca
Assistant Vice Chancellor,
Campus Life



Danube Cruise and Christmas Markets

Above left: Dining aboard the cruise ship
 At right: Photographing one of the colorful Christmas Market booths



UCLARA Travel News

December found UC retiree travelers in Germany on a **Danube River Cruise and Christmas Markets** trip. Thanks to our travelers for the photos!

2023 started with January's **Treasures of Egypt**, including a cruise on the Nile. **Spectacular South Africa** runs from February 2 through 15.

Save March 17 for a [Zoom get-together](#) with Jay of Collette. It's your chance to meet other travelers, ask questions, and find out about all these trips:

April 24-May 6: Shades of Ireland

Dublin, Waterford, Blarney Castle, Derry and Belfast. This trip is sold out, but a second has been added in September. Vickie Lowe will be the UC escort.

August 27 - September 4: Magical Rhine and Moselle Rivers

Amsterdam, 7-night river cruise, Strasbourg. gateway.gocollette.com/link/1098560

September 24 - October 7: Shades of Ireland
gateway.gocollette.com/link/1149309

October 9-24: Greece and Its Islands featuring classical Greece, Mykonos and Santorini. Dolores Dyer is the UC escort. gateway.gocollette.com/link/1125159

Dec 10-17: American Music Cities Holiday Tour (Memphis, Nashville and New Orleans). Sandra Norberg will be the UC escort. gateway.gocollette.com/link/1131343

April 4-18, 2024: Colors of Morocco

Sahara Desert luxury tented camp, camel ride, High Atlas mountains, Marrakech, more. gateway.gocollette.com/link/1157146

We're also looking at 2024 trips to Costa Rica, Australia/ New Zealand, Switzerland by train, historic France, Vietnam, Laos, Cambodia, Thailand.

— *Dolores Dyer, Travel Chair*

A Passion for Learning

Suzanne F. Ward, MSN '85, remembers well the challenges of being a nursing student.

“When I was pursuing my basic nurse education in the 1960s at Loma Linda University, I had to work every night and every weekend to pay my tuition. I slept in the nurses’ lounge every weekend for three years so I could take calls in the hospital operating room, getting solid clinical experience along the way. My mother also worked two jobs to make ends meet and help me cover the costs.”

Two years after completing her nursing education, Suzanne came to work at UCLA as an operating room staff nurse. “When I walked through the doors of the hospital, I felt like I belonged there,” Suzanne recalls.

Many years later, when her husband, Dr. Paul Ward, who had been the chairman of the Head and Neck Surgery Division at UCLA for some 30 years, decided to retire, Suzanne explored new professional directions. After a transformational women’s retreat on spirituality’s impact on healing, she enrolled in a program in spiritual psychology. This area of practice became her next career and planted the seed of Suzanne’s philanthropic interest.

Giving back

After her husband passed away in 2015, Suzanne decided to make an endowed gift that established the

Suzanne F. Ward & Paul H. Ward Fellowship to support doctoral and nurse practitioner students conducting evidence-based research to explore how the incorporation of spiritual care benefits patients, nurses, and caregivers, especially those during the end-of-life process. She has had the opportunity to meet several of her scholarship recipients. “That was very special,” says Suzanne, who offers moral support to recipients who want to keep in touch. “I wanted to be involved with the students. That initial sum I gave may have been modest, but it will help someone graduate and be the best nurse possible.”



In 2021 Suzanne shared her intention to gift the residuals of her estate with a bequest to the fellowship. After careful consideration, she made the decision to create a Testamentary Trust Amendment to document and solidify her gift, which will be

transformational for future School of Nursing students and the patients and families they will serve.

For information about establishing a bequest, sample bequest language, or any other flexible ways you can include a philanthropic gift in your estate plans, please contact Devon Brown, Senior Director of Gift Planning, at devonb@support.ucla.edu or 310-794-2213.

Join Us on Facebook

 UCLARA has a group Facebook page! Joining is easy, but the group is private so you do need to request membership. Go to the [UCLARA Facebook page](#). Click the bar that says “Join Group.” Once approved by the administrator, you will be notified when you log on to Facebook. Then you can add your “likes” and comments to the page.

Play Reading Group

[Email Rochelle Caballero](#) and tell her you read about the group in UCLARA *Connections*. Upcoming:

February 9, Spotlight on Pulitzer-winning plays by Lynn Nottage and August Wilson

March 9, *Master Class* by David Pownall

April 13, *My Cousin Rachel* by Diana Morgan (from the novel by Daphne du Maurier)

ERRC Upcoming Event

UCLA Athletic Director Martin Jarmond Speaks to Emeriti and Retirees via Zoom

Monday, February 06, 2023

10:30 AM – 11:30 AM

retirees.ucla.edu/event-5077335

Martin Jarmond, a nationally recognized leader in college athletics, has built an impressive track record of competitive excellence, innovative strategy and student athlete success. A two-time recipient of Sports Business Journal's Forty Under 40 Award, he has 20 years in sports administration spanning three conferences. Jarmond is guiding UCLA to new heights through his culture of an E.L.I.T.E. mindset – Energy, Leadership, Integrity, Toughness and Excellence.

Jarmond will talk about his ELITE initiative, current priorities for the winter and spring sports, revenue challenges and anything he can publicly share about the Big 10 move.



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